

Numerical data

LAND

Land use per kg of food product:

Lamb = 369m²

Beef = 326m²

Beans = 15m²

Nuts = 12m²

Peas = 7m²

Tofu = 3m²

EMISSIONS

Greenhouse gas emissions per kg of food product:

Steak = 129.75kg

Lentils = 2.54kg

Beans = 1.37kg

Chickpeas = 1.34kg

Tofu = 1.02kg

WATER

Freshwater withdrawal per kg of food:

Beef burger = 3,492.08 L

Tofu = 31.18 L

Full dataset:

ourworldindata.org/environmental-impacts-of-food

Explore the data in VR:

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